# THE CLUBHOTEL at Goffs

## RISE AND SHINE

# CLUB HOTEL

## BREAKFAST MENU

 $\star \star \star \star$ 

7 A M TO 10.30 A M MON - FRI 7.30 A M TO 11 A M SAT - SUN Non Residents €25

## **Refreshing Juice**

Freshly Squeezed Grapefruit Juice, Freshly Squeezed Orange Juice Pressed Organic Apple Juice, Smoothie of the Day

#### **Organic Ballymore Oatmeal Porridge**

Banana and Maple Syrup Seasonal Berries, Seeds and Local Honey Irish Whiskey and Brown Sugar

## **Favourite Cereals**

Cornflakes, Rice Krispies, Weetabix, House Muesli, Granola, Gluten Free Corn Flakes

## Light Healthy

Natural Yoghurt with Berries, Granola and Honey Fresh Fruit Salad

## The Bakery

Brown or White Toast, House Sourdough, Selection of Pastries Guinness and Ballymore Organic Oat Brown Bread Scones, Gluten Free Croissants (on request)

## FROM THE KITCHEN

Traditional Irish Grill, Derry Clarke Pork Sausage, Dry Cure Bacon, Black Pudding, Field Mushroom, Tomato, Hash Brown, Eggs of your Choice

Free Range Eggs Benedict, Spinach, English Muffin, Dry Cured Bacon, Hollandaise Sauce

Free Range Eggs Royale, Smoked Salmon, Spinach, English Muffin, Hollandaise Sauce

#### Brioche French Toast, Dry Cured Bacon, Maple Syrup

Vegan Sausage Roll, Sautéed Spinach, Field Mushroom, Spinach, Tomato Relish

### Smoked Salmon and Avocado and Crème Fraiche

Beef Tomato and Avocado Tartine on Grilled Sourdough

## **Selection of Teas**

### Locally Roasted Creed Coffee

Please let us know if you have any allergies or dietary requirements, we're only delighted to help out. A list of allergens is available on request